

Eight Functions of Consciousness in a Spiritual Group

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1. The Empowerer

Dedicated to the group energy; channels energy through themselves to the center of the group so that everyone can be nurtured and empowered.

Task: Building up group energy

2. The Guide

Sees and holds to higher purpose of the group, builds structure and plan; sees and nurtures the potential of the whole and the capabilities of each part.

Task: Perceiving guidance and steering the ship

3. The Observer

Conscious attention on behalf of the group; maintains awareness of group's energies while still being a part of it; discriminates shifts without being judgmental.

Task: Perceiving the energy of the whole.

4. The Container

Guardian of the group; creates safe/sacred space by containing the energy. 3 methods – imaginal arms, heart and voice; Guards against outside intrusion.

Task: Protecting and embracing the energy of the whole.

5. The Exalter

Raises up the spark of the Divine by seeing and celebrating it. Lifting the group through joyful presence.

Task: Loving whatever is Divine in this.... Exalting it, and bringing it out still further.

6. The Foundation

Creating solidity; bringing grounding; laying one's consciousness beneath what is happening as a dance floor that supports the group's energies.

Task: Establishing the Foundation for the group energy

7. The Secret Heart

Completely effaced in God/Devotion; the deepest part of the group, the least known part to outsiders and to the superficial; God in the silence.

Task: Surrendering to the depths on behalf of the group, thus connecting the group with those depths.

8. The Bridge

Making connections through interdisciplinary awareness; enlarging the meaning and the context for the group; bridging different states of consciousness and levels of meaning.

Task: Holding paradox, cultivating stereoscopic mode.